

Virtual Team Retreats

Refresh your team,
virtually



What is a virtual retreat?

Why do we need one?



‘Retreat’ means to withdraw from a situation, often with the aim of relaxing and reviewing where you are now.


When you go back into the situation, you do so with from a position of strength. You are renewed, you have taken time to look at things differently and you are now ready to move forward.

The widespread shift to remote work brought about by the Covid-19 pandemic is here to stay for a while longer, and may lead to **hybrid teams** even when the crisis is over.


The past year has shown that **women, people of colour, and people with caregiving responsibility are experiencing higher levels of burnout**, which can lead to anxiety, lowered productivity, and even leaving the workforce.

A virtual retreat provides an opportunity to withdraw, reflect, re-engerize and come back stronger, as a team.

What is a virtual retreat?




You will experience interactive, engaging team sessions
3 x 2.5 hours



Your teams will feel connected, appreciated and cared for



Your organisation and team priorities shape all activities

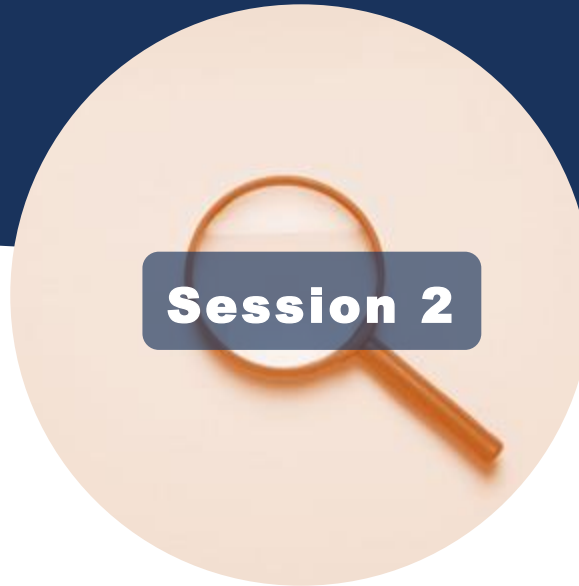


Reenergize your teams with walking discussions and short exercises



Session 1

“What have we achieved in the last months?”



Session 2

“Where are we today?”

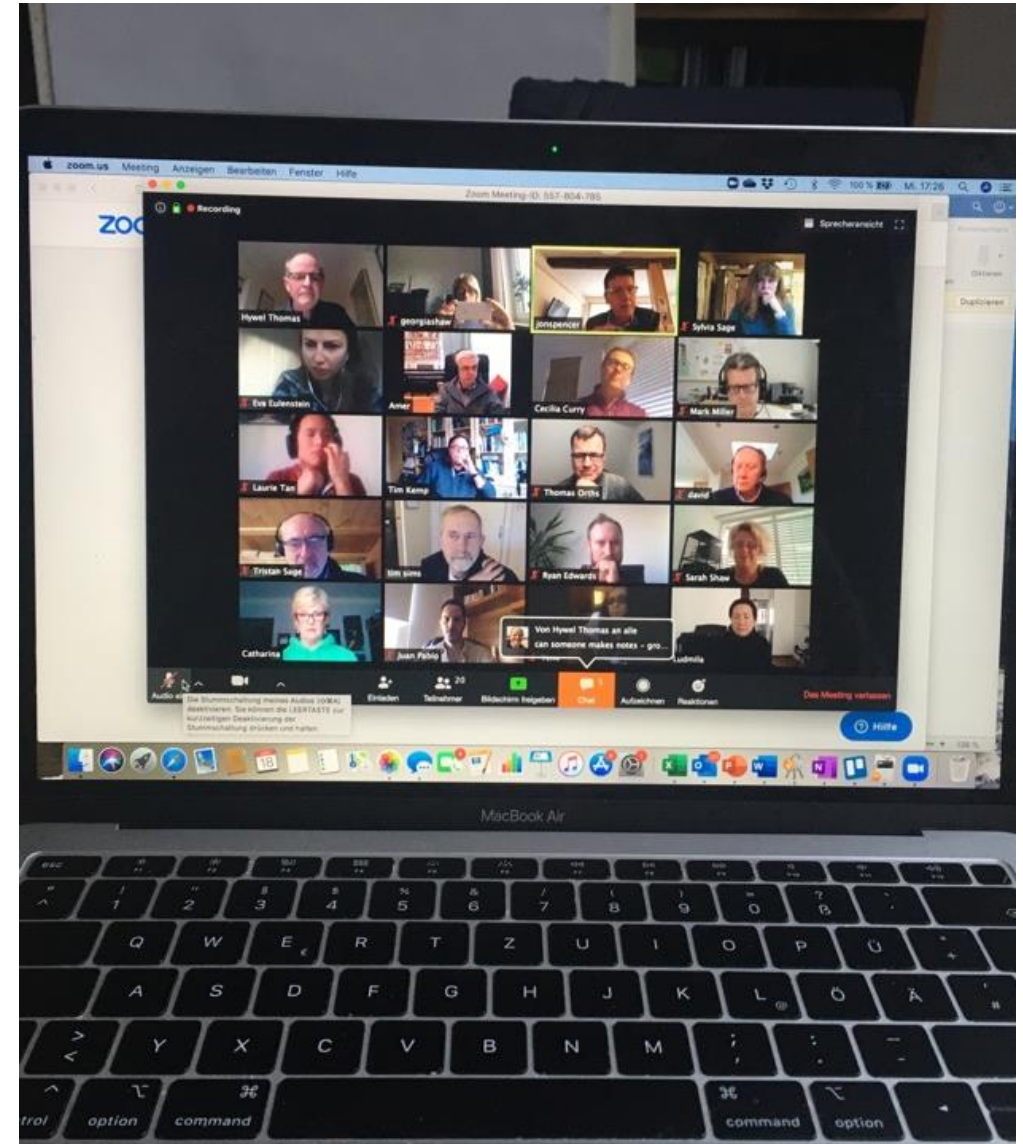


Session 3

“How will we work together to achieve our strategic goals?”

The CLS offer

- Your three unique tailored sessions are designed by us in consultation with you. We then create a detailed run-of-show, ensuring productive small group meetings.
- You are free to focus on the event as we lead the facilitation and manage the entire event.
- Your retreat will have efficient small group discussion, engaging and immersive content, using virtual whiteboards, polls and games to create a memorable and effective team retreat.
- Your outputs are captured and collated so you can put them into effect and see the impact of your retreat time.



Interested? Let's talk

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